

YOU ARE SIMPLY THE
YES!

I, _____, knowing that I have not been given a spirit of fear but one of love, power and a sound mind, do hereby accept and agree to the following affirmations as I embrace my YES!!

YES.....I will commit to daily communion with my Heavenly Father through prayer and/or reading His Word. (Psalm 42:1)

YES.....I will truly forgive those who have truly wronged me or deliberately set out to hurt me so that I can be free (Colossians 3:13)

YES.....I will look in the mirror every morning and say at least 3 positive things about myself and my future (Proverbs 18:21)

YES.....I will be responsible with my finances so that God can trust me with more (Luke 16:10)

YES.....I will laugh more and have fun (Proverbs 17:22)

YES.....I will watch what I eat and drink so that I can have energy and be healthy enough to enjoy this beautiful gift of life (1 Corinthians 6:19-20)

YES.....I will have order in my home, my closet, my purse, my car, etc. (1 Corinthians 14:40)

YES.....I will make wise, mature decisions and not let my emotions override my intellect (James 1:5)

YES.....I will shut my mind off at night and get my rest (Psalm 4:8)

YES.....I will be strategic with my time and only give it to people, things, and events that are worthy of it (Ephesians 5:15-17)

By signing below, I am making a bold commitment to my YES! I will not let anything or anyone hinder me from being all that God has called me to be!

Signature _____ Date _____